

In *A Psychology of Human Strengths: Fundamental Questions and Future Directions for a Positive Psychology*, leading scholars of contemporary psychology set a research agenda for the scientific study of human strengths. The book features contributors who bring both supportive and challenging voices to this emerging field to stimulate discourse. In many cases, their findings have turned established wisdom on its head. What results is a comprehensive volume that provides a forward-looking forum for the discussion of the purpose, pitfalls, and future of the psychology of human strengths. This volume offers commentary on positive psychology and its antecedents. It is a must-read for those looking for new ways of thinking about such topics as intelligence, judgment, volition, social behavior, close relationships, development, aging, and health as well as applications to psychotherapy, education, organizational psychology, gender, politics, creativity, and other realms of life.

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