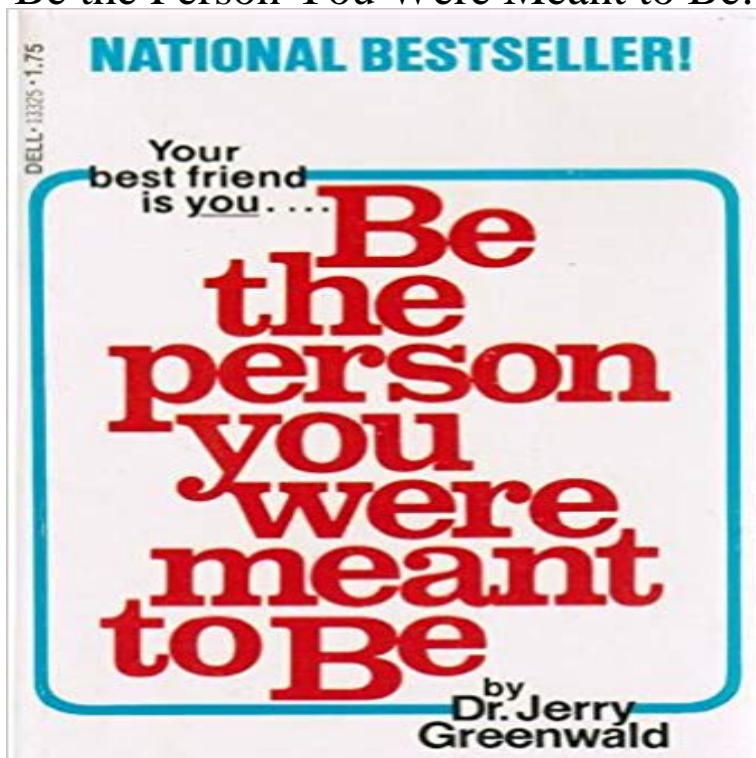


## Be the Person You Were Meant to Be: Antidotes to Toxic Living



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