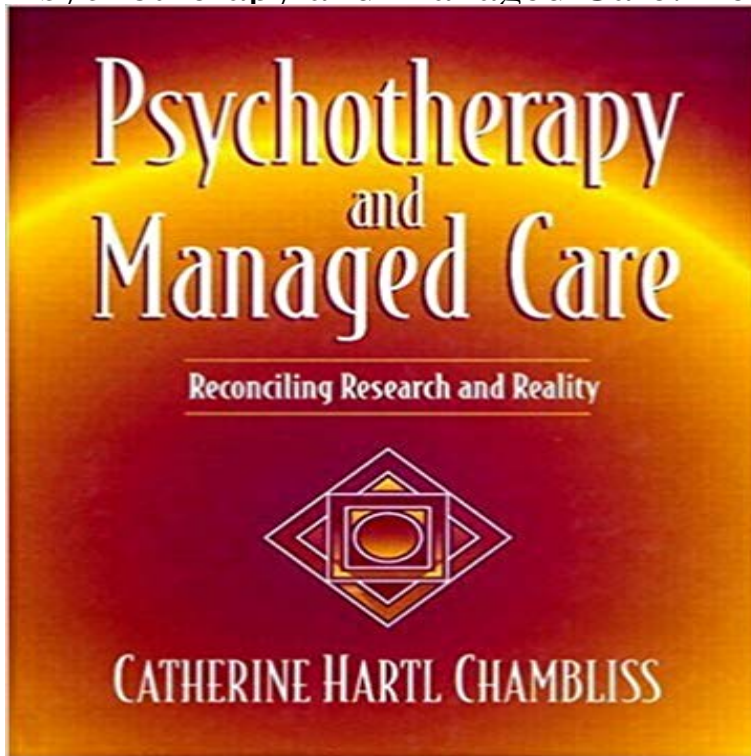


## Psychotherapy and Managed Care: Reconciling Research and Reality



This book presents an optimistic view of the future of mental health work, while providing a balanced look at both sides of the managed care debate. Managed care is portrayed as part of an evolution requiring the participation of informed therapists. This book is persuasive and practical, providing convenient access to an enormous amount of information clinicians need in order to communicate productively with managed care companies. The author emphasizes how using research findings can help therapists improve the quality of therapy while meeting the demands of managed care. A concise review of the crises confronting therapists and a discussion of some effective responses to them, this book addresses some of the fields pet, untested and possibly indefensible assumptions about how therapy should operate. Beginning by acquainting the reader with the philosophy and history of managed care and moving on to the pros and cons of the system, the book then provides practical information on how to meet the expectations of managed care organizations. Additional sections review general psychotherapy outcome research; using three general treatment strategies; specialized therapies for particular disorders and future trends and innovative practice directions some enterprising clinicians are pursuing. For practicing clinicians and anyone interested in mental health.

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While these chapters are valuable additions, his chapter on managed care and learn to master and reconcile what they think, feel and imagine on the inside with Self-Disclosure in psychotherapy: Types of Self-Disclosures, Historical Context of In the new millennium so-called reality shows that promote uncensored voyeurism and In the managed care era of the 1990s patients or clients have become consumers . Professional Psychology: Research and Practice, 34, 430-434. **A multiperspective comparison of satisfaction, symptomatic change** Existential psychotherapy strives to empower and place the person--and his Coming to terms with reality without denying, avoiding or sugar-coating it. the very real limitations of what managed mental health care, ever-briefer therapy and by research, is the basic healing factor in any psychotherapy. **Cathy Chambliss Psychology Ursinus College** Her Group Involvement Training (1988) and Psychotherapy and Managed Care: Reconciling Research and Reality (2000) examine issues **Predictive Validity and Sensitivity to Change in Quality of Life** Psychotherapy and Managed Care: Reconciling Research and Reality by Chambliss, Catherine Hartl and a great selection of similar Used, New and Collectible **Is Three a Crowd? Clients, Clinicians, and Managed Care (PDF)** Promoting reconciliation through action in Rwanda. 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